



THE ROLE OF SPIRITUAL AND MORAL EDUCATION IN THE ELIMINATION OF NEGATIVE MANIFESTATIONS IN ADOLESCENT BEHAVIOR IN MODERN SOCIETY

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Annotation:

The development of production and communications in today's modern postmodern society has resulted in a change in human perception of the universe, the perception of the world. Now the human lifestyle has changed and began to look at the world with a different look. While these views are born on the one hand through a prosperous society, in which a person's aspirations to live better, on the other hand, as a result of a decrease in physical labor, people fall into conditions when they are somehow fed. Humanity has once solved everything by hand, striving to achieve full effect from it, and now, using the achievements of science and technology, innovation, a product of high progress, is doing all the work through techniques, machines and computers.

Keywords: adolescent, modern society, behavior, spiritual and moral education, negative manifestations, development.

Introduction

The issue of the influence of civilization on humanity, especially on the youth strata, is gaining much more traction in today's modern conditions. The impact of the high technologies that a person has created on his own remains today, thanks to which destructive influences are observed on the spiritual life of society. In particular, today we can see that even young people in their way of life do not properly use the opportunities and benefits provided by parents and the environment, using these conditions for their own benefit. It is regretful that in today's modern society, many of the young people are encouraged in different ways to stimulate their own ego and anger, giving way to hedonistic moods. There are now trends of spiritual alienation within the youth masses. Spiritual values, which have reached generations from generation to generation from our ancestors for centuries, are becoming more likely to be eroded at the expense of the technocratic traditions of modern society.

The fact that young people, in addition to mastering positive news in today's global society, are also prone to negative traditions, that this reality affects the stability of the socio-spiritual situation, is becoming an urgent problem in the world community.





M.Sadirova argues that “in all states, youth, not only as an object of upbringing and education, but also as an active participant in social and political change. In the development of modern society, the process of determining the position of young people is causing great contradictions. They are the most mobile part of society. The difficulties of the transition period had a serious impact on the situation of young people in particular. A small percentage of young people find their place in a market economy, while the main part cannot adapt to a changing situation. As a result, this part of young people has a decrease in social status, an increase in unemployment, reduced opportunities for education and the use of cultural values, crime is becoming more and more intense”[1].

The spiritual, spiritual, moral maturation of young people does not mean that they do not become slaves of their own soul, the meaning of their life, the purpose of living, accumulating wealth in taste or unclean ways. Young people should start their social life and spiritual image by respecting themselves and others, realizing their identity, raising a high level of respect for national language, culture, history, traditions, values and a sense of pride. In the hearts of such young people, there is a rebellion against harm, impurity, living in mistake ways, injustice and other negative inhuman behavior. On the contrary, when young people give lust and seek to collect goods in impure ways, they become unthinkable and go unnoticed by the people. Morale retreats from the despicable gulls, resulting in a tendency for everyone on this path to do all the dilemmas.

The 71st goal, defined in the New Uzbekistan development strategy, is to “transform a healthy worldview and creativity into a nationwide movement in society through the widespread promotion of the idea ”action strategy – towards a development strategy” based on the principle of goodness and humanism” and shows the main goals, objectives, directions and technologies of spiritual promotion carried out among the population:

“To organize legal and educational activities for the formation of legal culture among the population in harmony with the teaching of the rich history, scientific and cultural heritage of our people, national-religious values.

Development of impressive, creative and innovative methods of organizing propaganda work and taking measures to implement them in a timely manner.

State support for the preservation, widespread popularization and development of the national values and spiritual heritage of the Uzbek people.

Ensuring the continuity of spiritual education in the family, educational organizations and neighborhoods.





Development of scientifically based indicators of the assessment of spiritual education.

To fight ideological attacks together on the basis of a national idea, to strengthen the cooperation of the family, school and neighborhood and, on this basis, to form the skills of ensuring the continuity of spiritual education.

To ensure the realization of the idea of "New Uzbekistan – third renaissance" under the motto "Youth – new Uzbekistan builders"[2].

Educational interaction of adolescents, taking into account the peculiarities of each age period, gives rise to the abilities of self-awareness in them in a timely manner. The earlier a feeling of self-awareness arises in a teenager, the faster the features of conducting behavior arise, which are caused by his own mental and physical capabilities. Thanks to the same process, it will be in them that important barriers to the content of vices will be created to the occurrence of non-verbal behaviors. The symptoms of frustration in the adolescent psyche, depression in the psyche and inappropriate dissatisfaction with many things are the product of an imbalance of practice with theory, shortcomings in upbringing. In adolescents, systematic belief, social thinking, ideological ideals, proper treatment, constructive communication, effective formation of an independent manner of behavior are more associated with the perfect organization of upbringing. Generating the qualities of social initiative and spiritual perfection in adolescents is an important and effective process to provide them with mental support based on their behavioral characteristics.

In adolescence, the unique qualities of a person, originality, are a period of formation of many features associated with intense life activity. This period is a transitional period for a teenager, characterized by a sharp differentiation from other people in character, whether he is younger than him, whether he is older or not. Also, adolescence is characterized by such negative qualities as uncertainty as a person, imperfection, lack of clear orientations, inability to yet play certain roles, lack of determination. The teenager feels the opportunities to increase the swing of the roles he performs in social life, but cannot have the ability to fully occupy all of them, it is observed that in these roles he is limited to trying himself.

During adolescence, a person begins to show a new feeling, an increase in his interests, psychosexual moments, various manifestations of pathogenic processes. In the life of a teenager, the shklination of choice is somewhat difficult, as well as depression is observed in it, therefore, mood swings of dissatisfaction with some of the surrounding realities can also be observed in it. These depressive moods and symptoms of dissatisfaction can provide an opportunity for some inhuman behavior





to be committed in a teenager. Therefore, taking into account these situations, serious involvement in the upbringing of a teenager is a high-level spiritual issue.

In modern society, information attacks have affected the minds of openly Open youth, necessitating special attention to many aspects in their self-defense and behavior management. In this process, the preparation of the ground for youth to express their independent opinion, and this way of thinking on the basis of socio-moral norms is an important task of the state and public systems. Only young people with an independent opinion in their constructive way are able to allocate information in a creative or destructive spirit, directed towards themselves and realistically affecting their consciousness, to Sarak, to puchak, to achieve their fundamental essence and to show an adequate reaction to it, to employ their mechanisms related to self-defense.

Scientists say that “in the formation of ideological immunity against alien, destructive, destructive ideas and ideologies in adolescents, trainings aimed at forming their own behavior, self-control, their own self-identity, that is, their national character, system of values, customs, social norms, immunity, creativity, humanity, usually envisage the following group of goals:

1. To study the methods, mechanisms and psychological laws of interpersonal interaction in order to establish an effective and sincere relationship with people;
2. Being able to sort foreign, alien, destructive and destructive ideas and ideological information based on its own system of national values, traditions, social norms, understanding of national character traits;
3. Influencing the process of personality development, bringing creative opportunity to the surface, bringing the standard of living, the feeling of good luck and happiness to the optimal level;
4. Self-awareness and development of work on oneself in emotional disorders caused by changes in the inner world and behavior;
5. Search for psychological problems of the participants of the group and help solve them;
6. Formation of constructor-positive motivations, bringing destructive negative motivations to corrective properties;
7. Strengthening psychological health”[3].

It is important that adolescents overcome emotional disorders in their behavior, protect them from the influence of various destructive ideas, create an ideological struggle against destructive ideologies in them, create a culture of information consumption, conduct pedagogical and psychological trainings based on various



styles and exercises in order to form positive qualities such as creativity, humanity, dedication in their socio-spiritual image.

In order for adolescents not to succumb to various information attacks, it is imperative to instill in them a spirit of national pride and patriotism, and in this to rationally use advanced methods of social and spiritual education. The first president of our country I.A.Karimov admitted that the upbringing of patriotic qualities of the population, especially of our youth, is one of the factors of encouraging behavior for the development of society and an important driving force for positive changes in the country: “patriotism of an Uzbek citizen is a guiding star, a reliable compass that does not deviate from the intended goal, indicating the path of changes. Love for Uzbekistan, its land, nature, the peoples who live here, striving to teranly learn the culture, traditions of the history of the country, pride in the power and achievements of the Republic, grief for the difficulties that have fallen on the part of our people is an important cipsolding basis of the multinational Uzbek society”[4].

The ideological and social maturity of adolescents is a sign of high spirituality and is an important of the deep formation of a sense of patriotism in their minds. Patriotism of adolescents is a component of their spiritual improvement, realizing their educational potential and social initiatives, ensuring their active participation in the comprehensive reforms carried out in the country. Social initiative makes adolescents realize their desires associated with the development of society, stimulates their participation in democratic processes and social relations with its high potential and spiritual will. Scientists note that “the realization of democracy is the potential of an individual to live in full compliance with the laws that are so necessary for all, relying on clear discipline. Democracy teaches and requires us to live in compliance with all laws that protect human rights, preserve the interests of the universal. Where this is the opposite, there is a height of primacy, parochialism” [5].

Adolescents-young people are highly communicative active groups due to their quick look at social reality, curious participation in life relationships, mobility and striving for novelty have abilities and a wide range of opportunities for learning. In other groups involved in social relationships, they may experience relatively relative passivity. The above-mentioned peculiarities of adolescents also give rise to the possibility of quickly succumbing to negative influences. Therefore, the sharp changes inherent in the transition period in the worldview of adolescents increase the likelihood of causing the manifestation of destructive factors in their behavior.

In the upbringing of adolescents, the educational community, the family environment and peaceful situations in the neighborhood are important. The warm





treatment of adolescents by the public, non-indifference to their mental and moral changes, constant sincere treatment, the preservation of socio-spiritual dialogue will open the way for the formation of a spirit of respect for their future goals, for the environment. Training adolescents for socio-useful work, the development of skills of workmanship, initiative is an important process. In general, the role of family, educational institutions, production enterprises and public organizations is great when adolescents are active in all aspects of social life.

The fact that adolescents are active in socio-spiritual life leads to the fact that they have a faster access to positive interpersonal relationships and an inherent understanding of the acceleration of adaptation to social life and, ultimately, the disgust of society. In return, selfish feelings are lost in adolescent behavior, and processes are observed in which he performs his behavior towards the interests of the community. N.Shodiyeva noted that “civil activism encourages people to deeply understand their rights and obligations to society and to care for the benefit of others, to be active in public affairs, to fight for the benefit of the majority, to conduct voluntary activities. Civic activism gives an incentive to express one's interests and opportunities, to give one's benefit to society on this basis”[6].

The importance of spiritual and ideological upbringing is very high in the formation of a deeper socialization of adolescents into social life. Ideological education is carried out in educational institutions, family, neighborhood, socio-political institutions, labor communities. The explanatory dictionary notes that “ideological upbringing is a process aimed at forming the worldview of a person, social group, Nation, society, arming them with ideological knowledge that expresses certain goals”[7]. Ideological upbringing is the process of purposefully forming a systemic spiritual worldview in the minds of young people, social, philosophical, political, legal, religious, aesthetic, moral, psychological, artistic, creative, professional, environmental and other principles, relying on certain scientific theories.

Ideological upbringing is manifested in the minds of young people through the formation of a social, spiritual and legal worldview in a systematic way. It is known that “the worldview is a complex of scientific, philosophical, political, legal, moral, aesthetic, religious and other views and visions of the universe, its origin, structure, transformation, development, the place of a person in it. According to its relatively generalized tariff, the worldview is a perceived value of humanity as a legacy of the past, present life and conditions in IT, systems. Worldview is the sum of imagination and knowledge that embodies the way of life, life, morality, culture of people”[8].

Awareness of the national self in the spiritual education of adolescents is also important in the prevention and wellness of deviant behavior patterns. This not only





makes the teenager understand the spiritual processes of society, but also cultivates the abilities to follow its basic principles. Awareness of national values, adherence to them in their own life attitudes, a tendency to make them come true in social life allow adolescents to realize their national-spiritual self. Therefore, the orientation of adolescent activity on socio-spiritual grounds is one of the main features of the perception of their national identity. Self-awareness is an activity aimed at ensuring a socio-spiritual balance, at the manifestation of its spiritual thinking, social consciousness, relying on historical-cultural experiences. Scholars argue that “a person who knows his right can exercise his power, benefit himself, benefit society and the state as well. It is a person who knows the right that learns to analyze what is happening in his land and what is happening around him, separates white-black and goes to the difference what is good, what is bad. The most important thing is that it can protect the interests of the country and the nation”[9].

Self-awareness ensures the social, spiritual and legal activity of young people, educates them in the spirit of confidence in the future, and becomes the basis for the main goals, desires and goals in drawing up plans for the prospect that they will implement in the future. The fact that adolescents are responsible for the future, fate and prospects of the nation, the people, manifests itself in their participation as a full-fledged subject in ensuring the sustainable development of society, in the full realization and observance of their national identity.

The perfect organization of national self-awareness among young people, propaganda and propaganda carried out in order to cultivate a spiritual mindset will save them from the penetration of various destructive ideas into their minds.

In the spiritual and moral education of adolescents, the primacy of national and universal values is important. It is desirable that each young generation knows the basic principles of national and universal values that have existed in society and applies it in its vital activity. The basic principles of our national values are as follows:

- patriotism;
- tolerance;
- hospitality;
- respect for the elders, glory to the little ones;
- honor parents;
- holy knowledge of family and marriage;
- the primacy of the team spirit.

The basic principles of universal values are as follows:

- friendship, fraternity and fraternity;
- mutual cooperation and solidarity;





- national and religious tolerance;
- peaceful coexistence, peace and stability;
- peaceful settlement of disputes;
- recognition of human rights and interests;
- joint solution of universal problems.

Continuous absorption of the spirit of respect for national and universal principles into the minds of adolescents contributes to the formation of their social, legal and spiritual culture, active participation in the work of society and the people, a strong ideological immunity from any external negative influences. President of the Republic of Uzbekistan Sh.Mirziyoyev noted that “Uzbekistan and its tolerant people always remain firmly in the position of pursuing peaceful policies, the implementation of the principles of respect for national and universal values. But if necessary, we are able to strike a sharp blow against the sovereignty and independence of our country, against any attempts that threaten the peaceful and peaceful life of our people”[10].

Maturing the spirit of patriotism is an important task in the formation and elevation of spiritual and moral qualities of adolescents. For the work of their homeland and the nation, the formation of readiness, social initiative, spiritual culture and educational activity is of great importance. The maturation of social activity and civic responsibility of adolescents sets the stage for the fulfillment of the task of training mature personnel capable of fulfilling national interests in the future. The order to ensure the prosperity of the Motherland without preparing young people for self-sacrifice for the work of the state and society in a period of intense transformation of all the processes of social life in the current period remains a masterpiece.

Important factors are the elimination of deviant behavior of adolescents and the implementation of measures to raise their legal culture in the organization of spiritual propaganda measures in this regard. Legal culture is the norm that indicates the high social maturity and spiritual worldview of adolescents. Only a teenager who has full access to legal knowledge and is able to effectively apply them in practice can demonstrate his moral place in society. Our President Sh.Mirziyoyev noted that “respect for laws is formed on the basis of the legal consciousness and culture of our people... Therefore, first of all, I should establish a wide range of legal education among the population, especially young people”[11].

The rise of legal culture in adolescents is considered directly related to the processes of legal education and upbringing that are given to them. That is, the formation and elevation of a legal culture is a process carried out from the family, kindergarten age, primary education. In countries such as Japan and Malaysia, legal culture is instilled





in students from the early school period. It has become common for every youth in the country to come to the parliament building and pay tribute, that is, bow. This tradition testifies not only to respect for parliament and laws, but also to the trust and respect for legislatures, legal institutions in the country, a sense of responsibility for social relations.

It is an important issue to introduce underage youth to experiences in the social life and politics of foreign countries in a time when international and interstate cooperation is expanding in our society today. It is advisable to attract teenage youth from the school period to study and exchange educational experience in educational institutions of foreign countries, to familiarize themselves with technological processes, science and innovation in international education in their acquisition of knowledge. These processes increase the chances of teenage youth from the school age to create discoveries through various innovations, make it possible to deeply master the essence of high technologies.

In conclusion, the following factors are important in improving the place of spiritual and moral education on the basis of the principles of national and universal values in the elimination of negative manifestations in adolescent behavior:

The opening up of opportunities for the rise of youth social life, the constant provision of their rights and needs forms the potential for prosperity of the motherland and the well-being of the people, for the development of the country.

In the correct understanding of the national interests of adolescents, it is important to form the ability not to act in opposition to its basic principles, to strive for innovation, to carry out comprehensive creative work.

Raising the legal culture of adolescents and young people is an important task, which is formed and developed in society on the basis of social, spiritual, moral and other ideological factors on the basis of the process by which adolescents master the existing legal principles and adhere to it without deviations.

In raising the spiritual culture of adolescents, it is important to educate their activity in not succumbing to various destructive ideas, the national interests of society, the peace of the land and the constant maintenance of the stability of the country.





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